



PRESENTS THE

4th Annual



5K Run/Walk  
A RACE TO END LOU GEHRIG'S DISEASE

& 1 Mile Fun Run

Benefiting the  
Emory ALS Center

Saturday, May 1, 2010

5K at 8:00 am and Fun Run at 9:00 am

Register your Team!  
Raise money for ALS  
[www.active.com/donate/runforlife5k](http://www.active.com/donate/runforlife5k)

Save \$5.00 and register  
onsite at **TOTALLY RUNNING**  
405 Peachtree Pkwy, Suite 105



THE AVENUE  
FOURTH

410 Peachtree Parkway, Cumming, GA 30041

Awards to top 3 Overall Male/Female; top 3 Overall Masters Male/Female and top 3 male/female in age groups. Great post race food, door prizes, and t-shirts!

[www.cureforals.com](http://www.cureforals.com)

Contact info. [teamduffy@gmail.com](mailto:teamduffy@gmail.com)

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

I am running in honor/memory of \_\_\_\_\_

T-Shirt Size: YL S M L XL How did you hear about this event? \_\_\_\_\_

Pre-Registration: 5K \$20, Fun Run \$5 Race Day Registration: 5K \$25, Fun Run \$10

Online registration available at [Active.com](http://Active.com). Mail in registration: Run for Life 5K, 42 Lakecrest Circle, Suwanee, GA 30024. Make checks payable to Cure for ALS.

I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Race Organization and any sponsors, coordinating groups, and any individuals associated with the event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, video tapes, motion pictures, recordings, or any other record of this event for legitimate purpose.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent's signature if under 18 years old \_\_\_\_\_



